



BREAKFAST MENU

	MONDAY 21-Jan-2019	TUESDAY 22-Jan-2019	WEDNESDAY 23-Jan- 2019	THURSDAY 24-Jan-2019	FRIDAY 25-Jan-2019
EVERYDAY BREAKFAST	THAIPUSAM PUBLIC HOLIDAY	(KOKO, HONEYSTAR, CORN)	(KOKO, MUESLI, CORN)	(KOKO, HONEYSTAR, CORN)	(KOKO, MUESLI, CORN)
		CARROT CAKE	BANANA CAKE	CHOCO/BANANA CAKE	CARROT CAKE
		ASSORTED BUNS	ASSORTED BUNS	ASSORTED BUNS	ASSORTED BUNS
ASSORTED BREAD		ASSORTED BREAD	ASSORTED BREAD	ASSORTED BREAD	
SANDWICHES		SANDWICHES	SANDWICHES	SANDWICHES	
RASPBERRY JAM		PEACH, MIXED TROPICAL JAM	STRAWBERRY, APRICOT JAM	RASPBERRY JAM	
FRESH FRUITS		FRESH FRUITS	FRESH FRUITS	FRESH FRUITS	
CHOICE OF JUICES		CHOICE OF JUICES	CHOICE OF JUICES	CHOICE OF JUICES	
MILK		MILK	MILK	MILK	
YOGURT		YOGURT	YOGURT	YOGURT	
ASIAN BREAKFAST		ROTI CANAI WITH DHAL	VEGATARIAN FRIED RICE	MURTABAK EGG PIE	NASI LEMAK RICE
WESTERN BREAKFAST		CHICKEN SAUSAGES	SCRAMBLED EGGS	BEEF SLICE	OMELETTE WITH VEGETABLES
		BAKED BEANS	TOAST BREAD	BAKED BEANS	BAKED BEANS
		OMELLETTE	CHICKEN SLICE	SUNNY SIDE EGGS	TOAST BREAD

Information & Privilege:

All the foodS served are Halal

Menu may change according to food supply seasons

SHF Healthy Food Guidelines

No added salt in cooking * We reduce saturated fat in our production * We bake, grill and steam rather than fry * Most of the food is palm oil free

We reduce the sugar content and artificial colouring in our production * All the food produced on site is MSG (monosodium glutamate) free



	MONDAY 28-Jan-2019	TUESDAY 29-Jan-2019	WEDNESDAY 30-Jan- 2019	THURSDAY 31-Jan-2019	FRIDAY 1-Feb-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	MEE GORENG NOODLES	ROTI CANAI WITH DHAL	FRIED RICE WITH EGG	FRIED KUEY TEOW NOODLES	NASI LEMAK
WESTERN BREAKFAST	GRILLED TOMATOES FRENCH TOAST MUSHROOM MIXED VEGGIE	TOASTED SANDWICH GRILLED TOMATO SCRAMBLED EGG	CHICKEN SAUSAGES TOASTED BREAD SCRAMBLED EGG	BEEF STRIPS BAKED BEANS FRIED EGGS	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 4-Feb-2019	TUESDAY 5-Feb-2019	WEDNESDAY 6-Feb- 2019	THURSDAY 7-Feb-2019	FRIDAY 8-Feb-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	CHINESE NEW YEAR PUBLIC HOLIDAY		(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	MEE SIAM WITH TOFU			VEGETARIAN FRIED RICE	WANTAN MEE NOODLES
WESTERN BREAKFAST	BEEF STRIPS BAKED BEANS FRIED EGGS			CHICKEN SAUSAGES BAKED BEANS POACHED EGG	CHICKEN SLICE SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 11-Feb-2019	TUESDAY 12-Feb-2019	WEDNESDAY 13-Feb- 2019	THURSDAY 14-Feb-2019	FRIDAY 15-Feb-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	MURTABAK EGG PIE	ROTI CANAI WITH DHAL	EGG FRIED RICE	ROTI JALA WITH CURRY	NASI LEMAK
WESTERN BREAKFAST	COUNTRY STYLE CHICKEN BAKED BEANS OMELETTE	CHICKEN SLICE GRILLED TOMATO SCRAMBLED EGG	CHICKEN SAUSAGES TOASTED BREAD SUNNY SIDE EGGS	BEEF STRIPS BAKED BEANS POACHED EGG	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 18-Feb-2019	TUESDAY 19-Feb-2019	WEDNESDAY 20-Feb- 2019	THURSDAY 21-Feb-2019	FRIDAY 22-Feb-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	CANTONESE STYLE NOODLES	ROTI CANAI WITH DHAL	EGG FRIED RICE	ROTI JOHN-EGG BREAD	NASI LEMAK
WESTERN BREAKFAST	OMELETTE BAKED BEANS TOAST BREAD	TOASTED SANDWICH GRILLED TOMATO SCRAMBLED EGG	GRILLED CHICKEN SLICE TOASTED BREAD SUNNY SIDE EGGS	BEEF STRIPS BAKED BEANS POACHED EGG	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 25-Feb-2019	TUESDAY 26-Feb-2019	WEDNESDAY 27-Feb- 2019	THURSDAY 28-Feb-2019	FRIDAY 1-Mar-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	CHICKEN FRIED RICE	ROTI CANAI WITH DHAL	VEGETARIAN FRIED RICE	MEE GORENG NOODLES	NASI LEMAK
WESTERN BREAKFAST	FRENCH TOAST BAKED BEANS SAUTEED MUSHROOMS	TOASTED SANDWICH GRILLED TOMATO SCRAMBLED EGG	GRILLED CHICKEN SLICE TOASTED BREAD SUNNY SIDE EGGS	HASHBROWNS BAKED BEANS OMELETTE	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 4-Mar-2019	TUESDAY 5-Mar-2019	WEDNESDAY 6-Mar-2019	THURSDAY 7-Mar-2019	FRIDAY 8-Mar-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	CHICKEN FRIED RICE	ROTI CANAI WITH DHAL	FRIED KUEY TEOW WITH EGG	MEE GORENG NOODLES	NASI LEMAK
WESTERN BREAKFAST	TOAST BREAD BAKED BEANS SAUTEED MUSHROOMS	TOASTED SANDWICH GRILLED TOMATO SCRAMBLED EGG	BEEF STRIPS TOAST BREAD SUNNY SIDE EGGS	GRILLED TOMATOES BAKED BEANS OMELETTE	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 11-Mar-2019	TUESDAY 12-Mar-2019	WEDNESDAY 13-Mar- 2019	THURSDAY 14-Mar-2019	FRIDAY 15-Mar-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	EGG FRIED RICE	ROTI CANAI WITH DHAL	MURTABAK WITH CURRY	MEE SIAM NOODLES	NASI LEMAK
WESTERN BREAKFAST	TOAST BREAD BAKED BEANS SAUTEED MUSHROOMS	TOASTED SANDWICH GRILLED TOMATO SCRAMBLED EGG	CHICKEN SAUSAGES FIRED EGGS BAKED BEANS	GRILLED TOMATOES BAKED BEANS OMELETTE	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 18-Mar-2019	TUESDAY 19-Mar-2019	WEDNESDAY 20-Mar- 2019	THURSDAY 21-Mar-2019	FRIDAY 22-Mar-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	FRIED KUEY TEOW WITH EGG	ROTI CANAI WITH DHAL	CHICKEN FRIED RICE	WANTAN MEE NOODLES	NASI LEMAK
WESTERN BREAKFAST	TOAST BREAD BAKED BEANS SAUTEED MUSHROOMS	TOASTED SANDWICH GRILLED TOMATO SCRAMBLED EGG	GRILLED CHICKEN SLICE BOILED EGG TOAST BREAD	GRILLED TOMATOES BAKED BEANS OMELETTE	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 25-Mar-2019	TUESDAY 26-Mar-2019	WEDNESDAY 27-Mar- 2019	THURSDAY 28-Mar-2019	FRIDAY 29-Mar-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	CANTONESE STYLE NOODLES	ROTI CANAI WITH DHAL	CHICKEN FRIED RICE	MURTABAK EGG PIE	NASI LEMAK
WESTERN BREAKFAST	TOAST BREAD BAKED BEANS SAUTEED MUSHROOMS	CHICKEN SAUSAGES GRILLED TOMATO SCRAMBLED EGG	GRILLED CHICKEN SLICE BOILED EGG TOAST BREAD	GRILLED TOMATOES BAKED BEANS OMELETTE	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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	MONDAY 1-Apr-2019	TUESDAY 2-Apr-2019	WEDNESDAY 3-Apr-2019	THURSDAY 4-Apr-2019	FRIDAY 5-Apr-2019
EVERYDAY BREAKFAST	(KOKO, MUESLI, CORN) LAMINGTON CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHEESE CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, HONEYSTAR, CORN) CHOCO/BANANA CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES STRAWBERRY, APRICOT JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT	(KOKO, MUESLI, CORN) CARROT CAKE ASSORTED BUNS ASSORTED BREAD SANDWICHES RASPBERRY JAM FRESH FRUITS CHOICE OF JUICES MILK YOGURT
ASIAN BREAKFAST	MEE GORENG NOODLES	ROTI CANAI WITH DHAL	CHICKEN FRIED RICE	FRIED KUEY TEOW WITH EGG	NASI LEMAK
WESTERN BREAKFAST	TOAST BREAD BAKED BEANS SAUTEED MUSHROOMS	CHICKEN SAUSAGES GRILLED TOMATO SCRAMBLED EGG	GRILLED CHICKEN SLICE BOILED EGG TOAST BREAD	GRILLED TOMATOES BAKED BEANS OMELETTE	CHICKEN PATTIES SCRAMBLED EGG MUSHROOM/SPINACH

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LUNCH MENU

		MONDAY 21-Jan-2019	TUESDAY 22-Jan-2019	WEDNESDAY 23-Jan-2019	THURSDAY 24-Jan-2019	FRIDAY 25-Jan-2019
LUNCH SET	WESTERN	THAIPUSAM PUBLIC HOLIDAY	PENNE WITH CHICKEN MEATBALLS IN TOMATO SAUCE	ROAST LAMB GARLIC POTATOES MIXED GREENS	CHICKEN KEBABS VEGETABLES COUS COUS	FISH AND WEDGES COLESLAW
	ASIAN		* LIVE PROMOTION * BLACK PEPPER BEEF VEGETABLES RICE/FRIED RICE	TANDOORI CHICKEN NAN BREAD GRILLED VEGETABLES	* LIVE PROMOTION * GINGER FISH VEGETABLES FRIED RICE	HAINAN STYLE CHICKEN AND RCE
VEGETARIAN	MUSHROOM SPINACH PIE WITH GARDEN SALAD		VEGGIE BALL WITH COUS COUS	SPAGHETTI AGLIO MIXED VEGETABLES	MIXED VEGETABLE STEW WITH MASHED POTATO GARDEN SALAD	
SALAD BAR			CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, TOMATO, RED ONION, CARROT, CUCUMBER, ICEBERG LETTUCE	CHOICE OF SWEET PEAS, CHEESE, RED KIDNEY BEANS, JALAPENOS, SUNFLOWER SEEDS, TURKEY HAM, CHERRY TOMATOES, ONION, CARROT, CUCUMBER, CORAL LETTUCE	CHOICE OF CAULIFLOWER, RED CABBAGE, EDAMAME BEANS, SESAME SEEDS, PICKLE, TERIYAKI CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE
			CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING COUS COUS SALAD	CHOICE OF MAYONNAISE OR ITALIAN DRESSING PASTA SALAD	CHOICE OF BALSAMIC OR CHILLI SAUCE DRESSING CHICKEN SALAD
PASTA BAR				CHOICE OF: TAGLIATELLE OR FUSILLI		CHOICE OF: SPAGHETTI OR ELBOW
				CHOICE OF: PESTO OR CHEESY CHICKEN AND CHIVE SAUCE		CHOICE OF: ROASTED RED PEPPER CREAM OR BEEF BOLOGNESE SAUCE
SANDWICH BAR			CHOICE OF PANINI OR BAGUETTE	CHOICE OF TORTILLA WRAP OR CIABATTA	CHOICE OF PANINI OR MULTI SEED BREAD	CHOICE OF TORTILLA WRAP OR BAGUETTE
			CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF CORONATION CHICKEN OR CHEESE, TOMATO & ARUGULA FILLING CHOICE OF: CORAL LETTUCE, CUCUMBER, TOMATO, CHEESE	CHOICE OF TANDOORI CHICKEN OR SMOKED SALMON, SPINACH & CREAM CHEESE FILLING CHOICE OF: ICERBEG LETTUCE, ONION, CUCUMBER, GRATED CARROT	CHOICE OF BEEF BOLOGNESE OR GRILLED MIXED VEGETABLES & NUT FREE PESTO FILLING CHOICE OF: ROMAINE LETTUCE, PICKLE, CHEESE, TOMATO
SNACK BAR			EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI	TUNA ROLLS / EGG ONIGIRI	EGG ROLLS / DEEP FRIED SALMON ONIGIRI	EBIKIO SUSHI / TERIYAKI CHICKEN ONIGIRI
		CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	
	SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE SPRING ROLL	SAVOURY SPECIAL: VEGETARIAN NACHOS, PITA BREAD WITH HUMMUS SALAD SHAKER, TUNA PUFF	SAVOURY SPECIAL: BBQ CHICKEN PUFF, TOMATO AND OLIVE PIZZA, CHEESY WEDGES	SAVOURY SPECIAL: SALSA TACOS, CHICKEN & CHEESE QUESADILLA, TOMATO STRUDLE		
	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN		
	SWEET SPECIAL: CHOCOLATE CUSTARD TWIST, APPLE CRUMBLE	SWEET SPECIAL: APPLE AND CINNAMON COMB, CHEESECAKE PARFAIT	SWEET SPECIAL: CREME BRULEE, LEMON CAKE , CINNAMON SWIRL	SWEET SPECIAL: BLUEBERRY MUFFIN, RAISIN SCONE, CROISSANT & JAM		
	MANGO MOUSSE CAKE / FRUIT TART	BANANA & CHOCOLATE CAKE / FRUIT TART	BLUEBERRY CHEESECAKE / CHEESE TART	RED VELVET CAKE / CHOCOLATE & BANANA TART		

Information & Privilege:

All the food served are Halal

Menu may change according to food supply seasons

SHF Healthy Food Guidelines

No added salt in cooking * We reduce saturated fat in our production * We bake, grill and steam rather than fry * Most of the food is palm oil free

We reduce the sugar content and artificial colouring in our production * All the food produced on site is MSG (monosodium glutamate) free



LUNCH MENU

		MONDAY 28-Jan-2019	TUESDAY 29-Jan-2019	WEDNESDAY 30-Jan-2019	THURSDAY 31-Jan-2019	FRIDAY 01-Feb-2019
LUNCH SET	WESTERN	SHEPHERDS BEEF PIE WITH SALAD	ROAST CHICKEN CHOP MASHED POTATO GARDEN SALAD	GRILLED FISH FILLET LEMON SAUCE BUTTER RICE	SPAGHETTI CHICKEN CARBONARA GARLIC BREAD	CHICKEN POTATO STEW BUTTER RICE
	ASIAN	* LIVE PROMOTION * CRISPY CHICKEN WITH VEGETABLES AND UDON NOODLES	LAMB CURRY VEGETABLES RICE	WANTAN MEE MINCED CHICKEN VEGGIE SOUP	* LIVE PROMOTION * TUMERIC BEEF WITH VEGETABLES FRIED RICE	FISH CURRY VEGETABLES RICE
	VEGETARIAN	EGG CURRY WITH FRIED NOODLES	LASAGNA WITH MUSHROOM SOUP	CANTONESE STYLE NOODLES WITH VEGETABLES	MEE SIAM NOODLES WITH VEGETABLES	AGLIO PENNE WITH MIXED VEGETABLES
SALAD BAR		CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY TOMATOES, ONION, CARROT, CUCUMBER, ROMAINE LETTUCE	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, CORAL LETTUCE	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, ONION, CARROT, CUCUMBER, CORAL LETTUCE	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, ONION, CARROT, CUCUMBER, CORAL LETTUCE
		CHOICE OF BUTTERMILK RANCH OR THOUSAND ISLAND DRESSING	CHOICE OF VINAIGRETTE OR FRENCH DRESSING	CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING	CHOICE OF BALSAMIC OR ITALIAN DRESSING	CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING
PASTA BAR		CAESAR SALAD	EGGPLANT SALAD	MEXICAN SALAD	TABBOULEH	POTATO SALAD
		CHOICE OF : FUSILLI OR SPAGHETTI		CHOICE OF: LINGUINI OR RIGATONI		CHOICE OF: LINGUINI OR RIGATONI
SANDWICH BAR		CHOICE OF: AGLIO E OLIO OR BEEF MEATBALLS AND TOMATO SAUCE		CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE		CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE
		CHOICE OF PITA BREAD OR PANINI	CHOICE OF TORTILLA WRAP OR BAGUETTE	CHOICE OF WHOLEMEAL BREAD OR CIABATTA	CHOICE OF PANINI OR BAGUETTE	CHOICE OF WHOLEMEAL BREAD OR BAGEL
SNACK BAR		CHOICE OF FALAFEL AND HUMMUS OR CAJUN CHICKEN FILLING	CHOICE OF BEEF BACON OR PESTO CHICKEN FILLING	CHOICE OF RENDANG CHICKEN OR ROAST BEEF FILLING	CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING	CHOICE OF TURKEY HAM OR TANDOORI CHICKEN
		CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT	CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO
	TUNA SUSHI / EGG SUSHI ROLLS	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI		EBIKO SUSHI /TUNA ROLLS	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI	CUCUMBER AND TUNA SUSHI / CUCUMBER ROLLS
	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE
	CLASSIC SPECIAL: CHICKEN WRAP, NACHOS WITH CHEESE MAYO, BLACK PEPPER BEEF WITH MIXED CAPSICUM	SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA	SAVOURY SPECIAL: BBQ CHICKEN PUFF, MINI THAI GREEN CURRY PIE, MAC AND CHEESE	SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE	SAVOURY SPECIAL: SALSA TACO, CHICKEN & CHEESE QUESADILLA, PRETZEL	
	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN
	SWEET SPECIAL: RAISIN SCONE, CHOCOLATE CHIP COOKIE	SWEET SPECIAL: BANANA MUFFIN, LAMINGTON CAKE/CHEESE TART		SWEET SPECIAL: APPLE STRUDEL, CHOCOLATE MOUSSE	SWEET SPECIAL: CHOCOLATE CUSTARD TWIST, APPLE CRUMBLE	SWEET SPECIAL: CHOC CHIP SCONE, DRIED FRUIT & CUSTARD PASTRY
	CARROT CAKE / FRUIT TART			OREO CAKE / EGG TART	MANGO MOUSSE CAKE / FRUIT TART	STRAWBERRY MOUSSE CAKE / BANANA TART

Information & Privilege:

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LUNCH MENU

		MONDAY 04-Feb-2019	TUESDAY 05-Feb-2019	WEDNESDAY 06-Feb-2019	THURSDAY 07-Feb-2019	FRIDAY 08-Feb-2019
LUNCH SET	WESTERN	HERB FISH FILLET WITH STEAMED BROCCOLI AND RICE			CHICKEN PARMIGIANA WITH SPAGHETTI GARLIC SAUCE	BEEF FAJITAS WITH GRILLED VEGETABLES
	ASIAN	NASI LEMAK RICE WITH CHICKEN AND EGG	CHINESE NEW YEAR PUBLIC HOLIDAY	CHINESE NEW YEAR PUBLIC HOLIDAY	* LIVE PROMOTION * SAUTEED BEEF WITH FRIED NOODLES	CHICKEN KATSU WITH FRIED RICE SAUTEED VEGETABLES
	VEGETARIAN	VEGETABLE FRITATTA WITH NOODLES			WANTAN MEE WITH CLEAR VEGGIE SOUP	TUMERIC FRIED RICE WITH MIXED VEGETABLES
	SALAD BAR	CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY CHOICE OF BUTTERMILK RANCH OR THOUSAND ISLAND DRESSING CAESAR SALAD			CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING POTATO SALAD
	PASTA BAR	CHOICE OF : FUSILLI OR SPAGHETTI CHOICE OF: AGLIO E OLIO OR BEEF MEATBALLS AND TOMATO SAUCE				CHOICE OF: LINGUINI OR RIGATONI CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE
SANDWICH BAR	CHOICE OF PITA BREAD OR PANINI CHOICE OF FALAFEL AND HUMMUS OR CAJUN CHICKEN FILLING CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT			CHOICE OF PANINI OR BAGUETTE CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF WHOLEMEAL BREAD OR BAGEL CHOICE OF TURKEY HAM OR TANDOORI CHICKEN CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	
SNACK BAR	TUNA SUSHI / EGG SUSHI ROLLS CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE CLASSIC SPECIAL: CHICKEN WRAP, NACHOS WITH CHEESE MAYO, BLACK PEPPER BEEF WITH MIXED CAPSICUM CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN COOKIE CARROT CAKE / FRUIT TART			EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE SPRING ROLL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN APPLE CRUMBLE MANGO MOUSSE CAKE / FRUIT TART	CUCUMBER AND TUNA SUSHI / CUCUMBER ROLLS CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACO, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN & CUSTARD PASTRY STRAWBERRY MOUSSE CAKE / BANANA TART	

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LUNCH MENU

		MONDAY 11-Feb-2019	TUESDAY 12-Feb-2019	WEDNESDAY 13-Feb-2019	THURSDAY 14-Feb-2019	FRIDAY 15-Feb-2019
LUNCH SET	WESTERN	STUFFED MUSHROOM CHICKEN WITH MASHED POTATO	SPAGHETTI BEEF BOLOGNESE HERB BREAD	HONEY MUSTARD CHICKEN SALAD COUS COUS	FISH FINGERS WITH FRIES COLESLAW	LAMB STEW MASHED POTATO MIXED VEGETABLES
	ASIAN	TUMERIC CHICKEN WITH FRIED NOODLES VEGETABLES	* LIVE PROMOTION * STIR FRIED GARLIC CHICKEN SAUTEED VEGETABLES MEEHOON NOODLES	NASI LEMAK RICE WITH CHICKEN	* LIVE PROMOTION * CHICKEN BRIYANI WITH BEANS AND RICE	MEE GORENG NOODLES TOFU AND CHICKEN
	VEGETARIAN	MUSHROOM SPINACH PIE MUSHROOM SOUP	MAC AND CHEESE HERB BREAD	GRILLED VEGETABLES WITH COUS COUS	CREAMY MUSHROOM PENNE WITH GARLIC BREAD	FRIED RICE WITH VEGETABLES
	SALAD BAR	CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY TOMATOES, ONION, CARROT, CUCUMBER, CHOICE OF BUTTERMILK RANCH OR THOUSAND ISLAND DRESSING CAESAR SALAD	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, CHOICE OF VINAIGRETTE OR FRENCH DRESSING EGGPLANT SALAD	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, ONION, CARROT, CUCUMBER, CORAI, LETTUCE CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING MEXICAN SALAD	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, TOMATO, RED ONION, CARROT, CUCUMBER, CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, ONION, CARROT, CUCUMBER, CORAI, LETTUCE CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING POTATO SALAD
	PASTA BAR	CHOICE OF : FUSILLI OR SPAGHETTI CHOICE OF: AGLIO E OLIO OR BEEF MEATBALLS AND TOMATO SAUCE		CHOICE OF: LINGUINI OR RIGATONI CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE		CHOICE OF: LINGUINI OR RIGATONI CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE
SANDWICH BAR	CHOICE OF PITA BREAD OR PANINI CHOICE OF FALAFEL AND HUMMUS OR CAJUN CHICKEN FILLING CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT	CHOICE OF TORTILLA WRAP OR BAGUETTE CHOICE OF BEEF BACON OR PESTO CHICKEN FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF WHOLEMEAL BREAD OR CIABATTA CHOICE OF RENDANG CHICKEN OR ROAST BEEF FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	CHOICE OF PANINI OR BAGUETTE CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF WHOLEMEAL BREAD OR BAGEL CHOICE OF TURKEY HAM OR TANDOORI CHICKEN CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	
SNACK BAR	TUNA SUSHI / EGG SUSHI ROLLS CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE CLASSIC SPECIAL: CHICKEN WRAP, NACHOS WITH CHEESE MAYO, BLACK PEPPER BEEF WITH MIXED CAPSICUM CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN COOKIE CARROT CAKE / FRUIT TART	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: BANANA MUFFIN, LAMINGTON CAKE/CHEESE TART	EBIKO SUSHI /TUNA ROLLS CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: BBQ CHICKEN PUFF, MINI THAI GREEN CURRY PIE, MAC AND CHEESE CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN MOUSSE OREO CAKE / EGG TART	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN APPLE CRUMBLE MANGO MOUSSE CAKE / FRUIT TART	CUCUMBER AND TUNA SUSHI / CUCUMBER ROLLS CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACO, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN & CUSTARD PASTRY STRAWBERRY MOUSSE CAKE / BANANA TART	

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LUNCH MENU

		MONDAY 18-Feb-2019	TUESDAY 19-Feb-2019	WEDNESDAY 20-Feb-2019	THURSDAY 21-Feb-2019	FRIDAY 22-Feb-2019
LUNCH SET	WESTERN	CHICKEN ROULADE COUS COUS MIXED GREENS	HERB CRUSTED FISH FILLET WITH PENNE GREEN BEANS	CHICKEN QUESIDILLAS WITH GRILLED VEGETABLES	BEEF KEBABS VEGETABLES COUS COUS	SHEPHERDS MINCED CHICKEN PIE GARDEN SALAD
	ASIAN	BEEF KURMA SAUTEED VEGETABLES RICE	* LIVE PROMOTION * SAUTEED GARLIC CHICKEN WITH FRIED NOODLES VEGETABLES	STIR FRIED BEEF BROCCOLI AND RICE	* LIVE PROMOTION * SZECHUAN CHICKEN VEGETABLES AND FRIED RICE	TUMERIC BEEF SAUTEED VEGETABLES RICE
	VEGETARIAN	MEE HOON NOODLES VEGETABLES EGG	BAKED EGGPLANT WITH MUSHROOM SOUP	MEXICAN MIXED BEANS WITH TACOS AND SALSA	SPAGHETTI NAPOLITANA WITH BASIL AND HERB BREAD	EGG CURRY WITH RICE
SALAD BAR	WESTERN	CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY CHOICE OF BUTTERMILK RANCH OR THOUSAND ISLAND DRESSING CAESAR SALAD	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, CHOICE OF VINAIGRETTE OR FRENCH DRESSING TUNA SALAD	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING CHICKEN SALAD	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, CHOICE OF BALSAMIC OR ITALIAN DRESSING COUS COUS SALAD	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING GREEK SALAD
	ASIAN	CHOICE OF : FUSILLI OR SPAGHETTI		CHOICE OF: LINGUINI OR RIGATONI		CHOICE OF: LINGUINI OR RIGATONI
PASTA BAR	WESTERN	CHOICE OF: AGLIO E OLIO OR BEEF MEATBALLS AND TOMATO SAUCE		CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE		CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE
	ASIAN					
SANDWICH BAR	WESTERN	CHOICE OF PITA BREAD OR PANINI CHOICE OF TUNA MAYO OR CAJUN CHICKEN FILLING CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT	CHOICE OF TORTILLA WRAP OR CIABATTA CHOICE OF BEEF RENDANG OR EGG MAYONNAISE FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF FOCACCIA OR BAGEL CHOICE OF CORONATION CHICKEN OR CHEESE, TOMATO & ARUGULA FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	CHOICE OF PANINI OR MULTI SEED BREAD CHOICE OF TANDOORI CHICKEN OR SMOKED SALMON, SPINACH & CREAM CHEESE FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF TORTILLA WRAP OR BAGUETTE CHOICE OF BEEF BOLOGNESE OR GRILLED MIXED VEGETABLES WITH NUT FREE PESTO FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO
	ASIAN	TUNA SUSHI / EGG MAYONNAISE ONIGIRI	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI	EBIKO ROLLS / POTATO MAYONNAISE ONIGIRI	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI	EGG ROLLS/ POTATO MAYONNAISE ONIGIRI
SNACK BAR	WESTERN	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE CLASSIC SPECIAL: CHICKEN WRAP, NACHOS WITH CHEESE MAYO, BLACK PEPPER BEEF WITH MIXED CAPSICUM CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN COOKIE LEMON CAKE / APPLE TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: BANANA MUFFIN, LAMINGTON APPLE PIE / CHEESE TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: BBQ CHICKEN PUFF, MINI THAI GREEN CURRY PIE, MAC AND CHEESE CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN MOUSSE OREO CAKE / EGG TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE SPRING ROLL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN APPLE CRUMBLE MANGO MOUSSE CAKE / FRUIT TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACOS, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN & CUSTARD PASTRY STRAWBERRY MOUSSE CAKE / BANANA TART
	ASIAN					

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LUNCH MENU

		MONDAY 25-Feb-2019	TUESDAY 26-Feb-2019	WEDNESDAY 27-Feb-2018	THURSDAY 28-Feb-2018	FRIDAY 01-Mar-2019
LUNCH SET	WESTERN	GRILLED BEEF BURGER BAKED WEDGES COLESLAW	SPAGHETTI CHICKEN ALFREDO GARLIC BREAD	ROAST CHICKEN FILLET BAKED WEDGES MIXED VEGETABLES	BEEF MEATBALLS IN TOMATO SAUCE COUS COUS * LIVE PROMOTION *	GRILLED CHICKEN FILLET GARLIC POTATOES BROCCOLI MIXED CARROTS
	ASIAN	CHICKEN TEMPURA WITH VEGETABLES RICE	* LIVE PROMOTION * GARLIC FISH WITH FRIED NOODLES VEGETABLES	CHICKEN CURRY VEGETABLES AND RICE	STEAMED CHICKEN WITH VEGETABLES AND RICE	CRISPY BEEF SAUTEED VEGETABLES RICE
	VEGETARIAN	VEGETABLE TEMPURA WITH RICE	VEGETABLE STEW WITH BROWN RICE	THAI GREEN CURRY WITH VEGETABLES SERVED WITH RICE	SAUTEED MIXED TOFU WITH CARROTS AND GREEN PEAS SERVED WITH BROWN RICE	MIXED VEGETABLE PIE SERVED WITH PUMPKIN SOUP
SALAD BAR		CHOICE OF MUSHROOM, BEAN SPROUTS, SPINACH LEAVES, CORIANDER, CROUTONS, ROAST BEEF, TOMATO, ONION, CARROT CUCUMBER, CORAL LETTUCE	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, CORAL LETTUCE	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, TOMATO, RED ONION, CARROT, CUCUMBER, ICEBERG LETTUCE	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE	CHOICE OF CAULIFLOWER, RED CABBAGE, EDAMAME BEANS, SESAME SEEDS, PICKLE, TERIYAKI CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE
		CHOICE OF BALSAMIC OR THOUSAND ISLAND DRESSING TUNA AND RICE SALAD	CHOICE OF VINAIGRETTE OR FRENCH DRESSING TUNA SALAD	CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING PASTA SALAD	CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF BALSAMIC OR CHILLI SAUCE DRESSING CORN AND TOMATO SALAD
PASTA BAR		CHOICE OF : FUSILLI OR SPAGHETTI AND TOMATO SAUCE		CHOICE OF: PENNE CHOICE OF: CREAMY GARLIC SAUCE OR CHICKEN		CHOICE OF: SPAGHETTI OR ELBOW CHICKEN BOLOGNESE SAUCE
SANDWICH BAR		CHOICE OF PANINI OR PITA BREAD CHOICE OF FALAFEL AND HUMMUS OR CAJUN CHICKEN FILLING CHOICE OF: ICEBERG LETTUCE, TOMATO, CHEESE, ONION	CHOICE OF TORTILLA WRAP OR CIABATTA CHOICE OF BEEF RENDANG OR EGG MAYONNAISE FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF WHOLEMEAL BREAD OR CIABATTA CHOICE OF RENDANG CHICKEN OR ROAST BEEF CHOICE OF: CORAL LETTUCE, CUCUMBER, TOMATO, CHEESE	CHOICE OF PANINI OR BAGUETTE CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF WHOLEMEAL BREAD OR BAGEL CHOICE OF TURKEY HAM OR TANDOORI CHICKEN FILLING CHOICE OF: ROMAINE LETTUCE, PICKLE, CHEESE, TOMATO
SNACK BAR		TUNA ROLLS / EGG MAYONNAISE ONIGIRI		EBIKO SUSHI / EGG ROLLS	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI	CUCUMBER & TUNA SUSHI / POTATO MAYONNAISE ONIGIRI
		CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE
		SAVOURY SPECIAL: CROQUE MONSIEUR, BBQ CHICKEN PUFF, PRETZEL		SAVOURY SPECIAL: VEGETARIAN NACHOS, PITA BREAD WITH HUMMUS SALAD SHAKER, TUNA PUFF	SAVOURY SPECIAL: BBQ CHICKEN PUFF, TOMATO AND OLIVE PIZZA, CHEESY WEDGES	SAVOURY SPECIAL: SALSA TACOS, CHICKEN & CHEESE QUESADILLA, TOMATO STRUDEL
		CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE	CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN
	SWEET SPECIAL: OAT & RAISIN COOKIE, CREAM CARAMEL, RAISIN SCONE	SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETATBALE PIZZA	SWEET SPECIAL: APPLE AND CINNAMON COMB, CHEESECAKE PARFAIT	SWEET SPECIAL: CREME BRULEE, CINNAMON SWIRLS, LEMON CAKE SQUARES	SWEET SPECIAL: BLUEBERRY MUFFIN, RAISIN SCONE, CROISSANT & JAM	
	LEMON CAKE / APPLE TART	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	BANANA & CHOCOLATE CAKE / FRUIT TART	BLUEBERRY CHEESECAKE / CHEESE TART	RED VELVET CAKE / CHOCOLATE & BANANA TART	
		SWEET SPECIAL: BANANA MUFFIN, LAMINGTON APPLE PIE / CHEESE TART				

Information & Privilege:

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LUNCH MENU

		MONDAY 04-Mar-2019	TUESDAY 05-Mar-2019	WEDNESDAY 06-Mar-2019	THURSDAY 07-Mar-2019	FRIDAY 08-Mar-2019
LUNCH SET	WESTERN	CHICKEN HOT DOGS BAKED WEDGES AND SALAD	GRILLED CHICKEN VEGETABLES BUTTER RICE	SPAGHETTI BEEF BOLOGNESE GARLIC BREAD	* LIVE PROMOTION * CHICKEN ENCHILADAS VEGETABLES	ROAST BEEF SLICES BROCCOLI MIXED CARROTS MASHED POTATO
	ASIAN	SWEET AND SOUR FISH VEGETABLES RICE	* LIVE PROMOTION * BEEF CHOW FUN WITH FRIED NOODLES	CRISPY ORANGE CHICKEN VEGETABLES FIRED NOODLES	MONGOLIAN STYLE BEEF SPRING ONIONS RICE	SWEET AND SOUR CHICKEN WITH RICE AND VEGETABLES
	VEGETARIAN	CHICKPEAS BALL WITH ROASTED VEGETABLES COUS COUS	LASAGNA WITH GARDEN SALAD	ROASTED VEGETABLES WITH COUS COUS	MAC AND CHEESE SERVED WITH HERB BREAD SLICE	WANTAN MEE NOODLES WITH VEGGIE SOUP
SALAD BAR		CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY CHOICE OF BUTTERMILK RANCH OR THOUSAND ISLAND DRESSING CAESAR SALAD	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, CHOICE OF VINAIGRETTE OR FRENCH DRESSING TUNA SALAD	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING PASTA SALAD	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING LENTIL SALAD
	PASTA BAR	CHOICE OF : FUSILLI OR SPAGHETTI		CHOICE OF: PENNE		CHOICE OF: LINGUINI OR RIGATONI
SANDWICH BAR		CHOICE OF: AGLIO E OLIO OR BEEF MEATBALLS AND TOMATO SAUCE		CHOICE OF: CREAMY GARLIC SAUCE OR CHICKEN AND SPINACH CANNELLONNI		CHOICE OF: TOMATO, ONION AND MUSHROOM OR CHICKEN ALFREDO SAUCE
	SANDWICH BAR	CHOICE OF PITA BREAD OR TORTILLA WRAP CHOICE OF PEPPERONI BEEF OR SWEET N SOUR CHICKEN FILLING CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT	CHOICE OF WHOLEMEAL BREAD OR BAGUETTE CHOICE OF TUNA MAYO OR TURKEY HAM FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF WHOLEMEAL BREAD OR CIABATTA CHOICE OF RENDANG CHICKEN OR ROAST BEEF CHOICE OF: CORAL LETTUCE, CUCUMBER, TOMATO, CHEESE	CHOICE OF CIABATTA OR BAGUETTE CHOICE OF CHICKEN MEATBALL IN TOMATO CONCASSE OR TURKEY HAM & COLESLAW FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF PITA BREAD OR FOCACCIA CHOICE OF EGG MAYO OR CHICKEN CORIANDER FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO
SNACK BAR		TUNA ROLLS / EGG MAYONNAISE ONIGIRI	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI	EBIKO SUSHI / EGG ROLLS	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI	EGG ROLLS / POTATO MAYONNAISE ONIGIRI
	SNACK BAR	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE CLASSIC SPECIAL: CHICKEN WRAP, NACHOS WITH CHEESE MAYO, BLACK PEPPER BEEF WITH MIXED CAPSICUM CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: RAISIN SCONE, CHOCOLATE CHIP COOKIE LEMON CAKE / APPLE TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: BANANA MUFFIN, LAMINGTON APPLE PIE / CHEESE TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: VEGETARIAN NACHOS, PITA BREAD WITH HUMMUS SALAD SHAKER, TUNA PUFF SWEET SPECIAL: APPLE AND CINNAMON COMB, CHEESECAKE PARFAIT BANANA & CHOCOLATE CAKE / FRUIT TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE SPRING ROLL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: CHOCOLATE CUSTARD TWIST, APPLE CRUMBLE MANGO MOUSSE CAKE / FRUIT TART	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACO, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: CHOC CHIP SCONE, DRIED FRUIT & CUSTARD PASTRY STRAWBERRY MOUSSE CAKE / BANANA TART

Information & Privilege:

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LUNCH MENU

		MONDAY 11-Mar-2019	TUESDAY 12-Mar-2019	WEDNESDAY 13-Mar-2019	THURSDAY 14-Mar-2019	FRIDAY 15-Mar-2019
LUNCH SET	WESTERN	CHICKEN CHOP MASHED POTATO AND MIXED VEGETABLES	GRILLED CHICKEN VEGETABLES BUTTER RICE	SHEPHERD'S BEEF PIE WITH GARDEN SALAD	HONEY ROASTED CHICKEN WITH PENNE GRILLED VEGETABLES	CHICKEN FILLET MASHED POTATO MIXED GREENS
	ASIAN	FRIED RICE WITH CHICKEN AND SAUTEED VEGETABLES	* LIVE PROMOTION * BEEF CHOW FUN WITH FRIED NOODLES	SAUTEED CHICKEN IN BLACK PEPPER SAUCE SERVED WITH EGG NOODLES	* LIVE PROMOTION * BLACK PEPPER CHICKEN WITH RICE	GRILLED FISH IN BANANA LEAF DRY COCONUT AND RICE
	VEGETARIAN	MEE HOON NOODLES WITH TOFU AND VEGETABLES	LASAGNA WITH GARDEN SALAD	GRILLED VEGETABLE FRITATTA SERVED WITH BROWN RICE	SPAGHETTI PESTO WITH GARLIC BREAD	ROASTED VEGETABLES PIZZA WITH MUSHROOM SOUP
SALAD BAR	CHOICE OF MUSHROOM, BEAN SPROUTS, SPINACH LEAVES, CORIANDER, CROUTONS, ROAST BEEF, CHOICE OF BALSAMIC OR THOUSAND ISLAND DRESSING TUNA AND RICE SALAD	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, CHOICE OF VINAIGRETTE OR FRENCH DRESSING TUNA SALAD	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING PASTA SALAD	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING LENTIL SALAD	
PASTA BAR	CHOICE OF : FUSILLI OR SPAGHETTI AND TOMATO SAUCE		CHOICE OF: PENNE CHOICE OF: CREAMY GARLIC SAUCE OR CHICKEN		CHOICE OF: LINGUINI OR RIGATONI CHICKEN ALFREDO SAUCE	
SANDWICH BAR	CHOICE OF PANINI OR PITA BREAD CHOICE OF TUNA MAYO OR CAJUN CHICKEN FILLING CHOICE OF: ICEBERG LETTUCE, TOMATO, CHEESE, ONION	CHOICE OF WHOLEMEAL BREAD OR BAGUETTE CHOICE OF TUNA MAYO OR TURKEY HAM FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF FOCACCIA OR BAGEL CHOICE OF CUKUNATION CHICKEN OR CHEESE, TOMATO & ARUGULA FILLING CHOICE OF: CORAL LETTUCE, CUCUMBER, TOMATO, CHEESE	CHOICE OF PANINI OR MULTI SEED BREAD CHOICE OF TANDOORI CHICKEN OR SMOKED SALMON, SPINACH & CREAM CHEESE FILLING CHOICE OF: ICEBERG LETTUCE, ONION, CUCUMBER, GRATED CARROT	CHOICE OF PITA BREAD OR FOCACCIA CHOICE OF EGG MAYO OR CHICKEN CORIANDER FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	
SNACK BAR	TUNA SUSHI / EGG MAYONNAISE ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CROQUE MONSIEUR, BBQ CHICKEN PUFF, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: OAT & RAISIN COOKIE, CREAM CARAMEL, RAISIN SCONE LEMON CAKE / APPLE TART	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN	EBIKO SUSHI / CUCUMBER ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: VEGETARIAN NACHOS, PITA BREAD WITH HUMMUS SALAD SHAKER, TUNA PUFF CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: APPLE AND CINNAMON COMB, CHEESECAKE PARFAIT BANANA & CHOCOLATE CAKE / FRUIT TART	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI CHICKEN QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: BBQ CHICKEN PUFF, TOMATO & OLIVE PIZZA, CHEESY WEDGES CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: CREME BRULEE, LEMON CAKE SQUARES, CINNAMON SWIRLS BLUEBERRY CHEESECAKE / CHEESE TART	EGG ROLLS / POTATO MAYONNAISE ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACO, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: CHOC CHIP SCONE, DRIED FRUIT & CUSTARD PASTRY STRAWBERRY MOUSSE CAKE / BANANA TART	

Information & Privilege:

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Menu may change according to food supply seasons

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LUNCH MENU

		MONDAY 18-Mar-2019	TUESDAY 19-Mar-2019	WEDNESDAY 20-Mar-2019	THURSDAY 21-Mar-2019	FRIDAY 22-Mar-2019
LUNCH SET	WESTERN	BEEF KEBABS VEGETABLES COUS COUS	LAMB GOULASH MASHED POTATO	GRILLED LEMON CHICKEN GREEK SALAD PILAF RICE	FISH AND BAKED WEDGES COLESLAW	CREAMY CHICKEN PARMIGIANA PENNE PASTA
	ASIAN	CHICKEN TANDOORI NAN BREAD	* LIVE PROMOTION * WANTAN MEE SAUTEED VEGETABLES MINCED CHICKEN	SAUTEED BEEF WITH ONIONS RICE	* LIVE PROMOTION * SAUTEED CHICKEN WITH TOM YAM FRIED RICE	LAMB BRIYANI RICE VEGETABLES
	VEGETARIAN	FRIED RICE WITH VEGETABLES	MURTABAK DHALL CURRY POTATOES	GRILLED VEGETABLE FRITATTA SERVED WITH BROWN RICE	SPAGHETTI MIXED MUSHROOMS WITH GARLIC BREAD	BAKED CANELONNI WITH SALAD
SALAD BAR		CHOICE OF MUSHROOM, BEAN SPROUTS, SPINACH LEAVES, CORIANDER, CROUTONS, ROAST BEEF, TOMATO, ONION, CARROT CUCUMBER, CORAL LETTUCE	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, CORAL LETTUCE	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, TOMATO, RED ONION, CARROT, CUCUMBER, ICEBERG LETTUCE	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE	CHOICE OF SPINACH, CHEESE, YELLOW PEPPER, ORANGE SEGMENTS, BASIL, TOFU, TOMATO, ONION, CARROT, CUCUMBER, CORAL LETTUCE
		CHOICE OF BALSAMIC OR THOUSAND ISLAND DRESSING TUNA AND RICE SALAD	CHOICE OF VINAIGRETTE OR FRENCH DRESSING TUNA SALAD	CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING PASTA SALAD	CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF SOYA SAUCE OR BUTTERMILK RANCH DRESSING LENTIL SALAD
PASTA BAR		CHOICE OF : FUSILLI OR SPAGHETTI AND TOMATO SAUCE		CHOICE OF: PENNE CHOICE OF: CREAMY GARLIC SAUCE OR CHICKEN		CHOICE OF: LINGUINI OR RIGATONI CHICKEN ALFREDO SAUCE
		CHOICE OF PANINI OR PITA BREAD CHOICE OF TUNA MAYO OR CAJUN CHICKEN FILLING CHOICE OF: ICEBERG LETTUCE, TOMATO, CHEESE, ONION	CHOICE OF WHOLEMEAL BREAD OR BAGUETTE CHOICE OF TUNA MAYO OR TURKEY HAM FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF FOCACCIA OR BAGEL CHOICE OF CORONATION CHICKEN OR CHEESE, TOMATO & ARUGULA FILLING CHOICE OF: CORAL LETTUCE, CUCUMBER, TOMATO, CHEESE	CHOICE OF PANINI OR MULTI SEED BREAD CHOICE OF TANDOORI CHICKEN OR SMOKED SALMON, SPINACH & CREAM CHEESE FILLING CHOICE OF: ICEBERG LETTUCE, ONION, CUCUMBER, GRATED CARROT	CHOICE OF PITA BREAD OR FOCACCIA CHOICE OF EGG MAYO OR CHICKEN CORIANDER FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO
SANDWICH BAR		TUNA SUSHI / EGG MAYONNAISE ONIGIRI	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI	EBIKO SUSHI / CUCUMBER ONIGIRI	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI	EGG ROLLS / POTATO MAYONNAISE ONIGIRI
		CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CROQUE MONSIEUR, BBQ CHICKEN PUFF, PRETZEL	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: VEGETARIAN NACHOS, PITA BREAD WITH HUMMUS SALAD SHAKER, TUNA PUFF	CHICKEN QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: BBQ CHICKEN PUFF, TOMATO & OLIVE PIZZA, CHEESY WEDGES	CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACO, CHICKEN & CHEESE QUESADILLA, PRETZEL
SNACK BAR		CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: OAT & RAISIN COOKIE, CREAM CARAMEL, RAISIN SCONE LEMON CAKE / APPLE TART	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: BANANA MUFFIN, LAMINGTON APPLE PIE / CHEESE TART	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: APPLE AND CINNAMON COMB, CHEESECAKE PARFAIT BANANA & CHOCOLATE CAKE / FRUIT TART	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: CREME BRULEE, LEMON CAKE SQUARES, CINNAMON SWIRLS BLUEBERRY CHEESECAKE / CHEESE TART	CLASSIC SWEET: CHOCOLATE ROLL, CHOCOLATE MUFFIN SWEET SPECIAL: CHOC CHIP SCONE, DRIED FRUIT & CUSTARD PASTRY STRAWBERRY MOUSSE CAKE / BANANA TART

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LUNCH MENU

		MONDAY 25-Mar-2019	TUESDAY 26-Mar-2019	WEDNESDAY 27-Mar-2019	THURSDAY 28-Mar-2019	FRIDAY 29-Mar-2019
LUNCH SET	WESTERN	CHICKEN ROULADE VEGETABLES BAKED POTATOES	BBQ CHICKEN GRILLED VEGETABLES BUTTER RICE	BEEF PEPPERONI PIZZA MUSHROOM SOUP	CAJUN CHICKEN SANDWICH GARDEN SALAD	BEEF TACOS WITH SALAD
	ASIAN	CANTONESE STYLE NOODLES WITH CHICKEN	* LIVE PROMOTION * BEEF SATAY SAUTEED VEGETABLES RICE	SESAME CHICKEN WITH UDON NOODLES	STEAMED FISH WITH GINGER AND RICE	* LIVE PROMOTION * SAUTEED CHICKEN BEAN SPROUT AND FRIED RICE
	VEGETARIAN	SMOKEY POTATO AND NACHOS SERVED WITH SALSA SAUCE	MUSHROOM SPINACH PIE GARDEN SALAD	VEGGIE PATTIE BURGER SERVED WITH COLESLAW	EGG CURRY WITH POTATOES AND RICE	MEE HOON NOODLES WITH CURRY AND POTATOES
SALAD BAR	CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY TOMATOES, ONION, CARROT, CUCUMBER, ROMAINE LETTUCE	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, CORAL LETTUCE	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, TOMATO, RED ONION, CARROT, CUCUMBER, ICEBERG LETTUCE CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING PASTA SALAD	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE CHOICE OF BALSAMIC OR ITALIAN DRESSING TABBOULEH	CHOICE OF CAULIFLOWER, RED CABBAGE, EDAMAME BEANS, SESAME SEEDS, PICKLE, TERIYAKI CHICKEN, TOMATO, RED ONION, CARROT, CUCUMBER, ROMAINE LETTUCE CHOICE OF BALSAMIC OR CHILLI SAUCE DRESSING CORN AND TOMATO SALAD	
PASTA BAR	CHOICE OF : FUSILLI OR SPAGHETTI AND TOMATO SAUCE		CHOICE OF: PENNE CHOICE OF: CREAMY GARLIC SAUCE OR CHICKEN		CHOICE OF: SPAGHETTI OR ELBOW CHICKEN BOLOGNESE SAUCE	
SANDWICH BAR	CHOICE OF PANINI OR PITA BREAD CHOICE OF FALAFEL AND HUMMUS OR CAJUN CHICKEN FILLING CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT	CHOICE OF TORTILLA WRAP OR BAGUETTE CHOICE OF BEEF BACON OR PESTO CHICKEN FILLING CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO	CHOICE OF WHJOLEMEAL BREAD OR CIABATTA CHOICE OF RENDNAG CHICKEN OR ROAST BEEF FILLING CHOICE OF: ROMAINE LETTUCE, YELLOW CAPSICUM, TOMATO	CHOICE OF PANINI OR BAGUETTE CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO	CHOICE OF WHOLEMEAL BREAD OR BAGEL CHOICE OF TURKEY HAM OR TANDOORI CHICKEN FILLING CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO	
SNACK BAR	TUNA SUSHI / EGG MAYONNAISE ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: NACHOS WITH CHEESE MAYO, BLACK PEPPER BEEF WITH MIXED CAPSICUMS, CHICKEN WRAP CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN SCONE LEMON CAKE / APPLE TART	FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI CHEESE QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN SWEET SPECIAL: BANANA MUFFIN, LAMINGTON APPLE PIE / CHEESE TART	EBIKO SUSHI / POTATO MAYO ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: BBQ CHICKEN PUFF, MINI THAI GREEN CURRY PIE, MAC AND CHEESE CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN MOUSSE OREO CAKE / EGG TART	EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI MUSHROOM QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: NACHOS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE SPRING ROLL CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN APPLE CRUMBLE MANGO MOUSSE CAKE / FRUIT TART	CUCUMBER & TUNA SUSHI / POTATO MAYONNAISE ONIGIRI CHEESE QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACOS, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN PASTRY, CHOC CHIP SCONE STRAWBERRY MOUSSE CAKE / BANANA TART	

Information & Privilege:

All the food served are Halal

Menu may change according to food supply seasons

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AISM
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 MALAYSIA

LUNCH MENU

		MONDAY 01-Apr-2019	TUESDAY 02-Apr-2019	WEDNESDAY 03-Apr-2019	THURSDAY 04-Apr-2019	FRIDAY 05-Apr-2019
LUNCH SET	WESTERN	MINCED BEEF MEXICAN BEANS RICE	CHICKEN LASAGNA WITH SALAD	GRILLED CHICKEN WITH HERBS GARLIC ROASTED POTATOES	SPAGHETTI CARBONARA WITH BEEF STRIPS GARLIC BREAD	SHEPHERDS BEEF PIE SALAD
	ASIAN	CHICKEN TEMPURA VEGETABLES RICE	* LIVE PROMOTION * BEEF CHAR KUEY TEOW NOODLES SAUTEED VEGETABLES	FISH CURRY VEGETABLES RICE	CHICKEN KURMA WITH RICE	* LIVE PROMOTION * MEEHOON NOODLES SAUTEED CHICKEN SAUTEED VEGETABLES
	VEGETARIAN	BAKED MOUSAKA GARDEN SALAD	TOMATO CARROTS STEW WITH MASHED POTATO	VEGGIE PATTIE BURGER SERVED WITH COLESLAW	MEE SIAM NOODLES FRIED EGG	MURTABAK EGG PIE WITH CURRY POTATO
SALAD BAR		CHOICE OF CELERY, CHICK PEAS, EGGS, APPLE SLICES, GREEN PICKLES, BEEF SALAMI, CHERRY	CHOICE OF BLACK BEANS, CORN, BROCCOLI, QUINOA, GREEN OLIVES, GARLIC CHICKEN,	CHOICE OF FRENCH BEANS, RED PEPPER, SWEETCORN, BLACK OLIVES, BASIL, TUNA, CHOICE OF SOYA SAUCE OR BLUE CHEESE DRESSING	CHOICE OF BITTER GOURD, EGGS, BEETROOT, BLACK OLIVES, SUNFLOWER SEEDS, GRILLED FISH, CHOICE OF BALSAMIC OR ITALIAN DRESSING	CHOICE OF CAULIFLOWER, RED CABBAGE, EDAMAME BEANS, SESAME SEEDS, PICKLE, CHOICE OF BALSAMIC OR CHILLI SAUCE DRESSING
	PASTA BAR	CHOICE OF : FUSILLI OR SPAGHETTI AND TOMATO SAUCE		PASTA SALAD CHOICE OF: PENNE CHOICE OF: CREAMY GARLIC SAUCE OR CHICKEN	TABBOULEH	CORN AND TOMATO SALAD CHOICE OF: SPAGHETTI OR ELBOW CHICKEN BOLOGNESE SAUCE
SANDWICH BAR		CHOICE OF PANINI OR PITA BREAD CHOICE OF FALAFEL AND HUMMUS OR CAJUN CHICKEN FILLING	CHOICE OF TORTILLA WRAP OR BAGUETTE CHOICE OF BEEF BACON OR PESTO CHICKEN FILLING	CHOICE OF WHOLEMEAL BREAD OR CIABATTA CHOICE OF RENDNAG CHICKEN OR ROAST BEEF FILLING	CHOICE OF PANINI OR BAGUETTE CHOICE OF CREAM CHEESE AND CHIVES OR BEEF MEATBALL IN TOMATO CONCASSE FILLING	CHOICE OF WHOLEMEAL BREAD OR BAGEL CHOICE OF TURKEY HAM OR TANDOORI CHICKEN FILLING
	SNACK BAR	CHOICE OF: CORAL LETTUCE, TOMATO, CUCUMBER, GRATED CARROT TUNA SUSHI / EGG MAYONNAISE ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: MUSHROOMS WITH CHEESE MATEO, BLACK PEPPER BEEF WITH MIXED CAPSICUMS, CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN SCONE LEMON CAKE / APPLE TART	CHOICE OF: ICEBERG LETTUCE, RED ONION, CHEESE, TOMATO FRANKFURTER CHEESE SUSHI/TERIYAKI CHICKEN ONIGIRI CHEESE QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: CHICKEN HAM TOAST, TERIYAKI CHICKEN TACO, VEGETABLE PIZZA CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN SWEET SPECIAL: BANANA MUFFIN, LAMINGTON APPLE PIE / CHEESE TART	CHOICE OF: ROMAINE LETTUCE, YELLOW CAPSICUM, TOMATO EBIKO SUSHI / POTATO MAYO ONIGIRI CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: BBQ CHICKEN PUFF, MINI PITA GREEN CURRY PIE, MAC AND CHEESE CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN MOUSSE OREO CAKE / EGG TART	CHOICE OF: ICEBERG LETTUCE, CHEESE, ONION, TOMATO EGG MAYONNAISE SUSHI / DEEP FRIED SALMON ONIGIRI MUSHROOM QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: MUSHROOMS WITH TOMATO SALAD SHAKER, CHICKEN & CHEESE WRAP, VIETNAMESE CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN APPLE CRUMBLE MANGO MOUSSE CAKE / FRUIT TART	CHOICE OF: ROMAINE LETTUCE, GRATED CARROT, CUCUMBER, TOMATO CUCUMBER & TUNA SUSHI / POTATO MAYONNAISE ONIGIRI CHEESE QUICHE CLASSIC SAVOURY: POTATO CURRY PUFF, FIRECRACKER SAUSAGE, MINI CHICKEN PIE SAVOURY SPECIAL: SALSA TACOS, CHICKEN & CHEESE QUESADILLA, PRETZEL CLASSIC SWEET: CHOCOLATE ROLL, BLUEBERRY SURPRISE, CHOCOLATE MUFFIN PASTRY, CHOC CHIP SCONE STRAWBERRY MOUSSE CAKE / BANANA TART

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