



Co-Curricular Program Semester 1/2019



AISM
AUSTRALIAN
INTERNATIONAL SCHOOL
MALAYSIA

AIMS Co-Curricular Program 2019

SEMESTER 1 2019

PROGRAM INFORMATION

Our Co-Curricular Program is designed to provide students with opportunities to explore and extend themselves in Sport, Creative and Performing Arts and Personal Development activities outside of their normal timetabled classes.

PARTICIPATION IN THE PROGRAM:

- While it is not compulsory, the School encourages all students from Years 1 to 12 to participate in at least one activity each semester.
- Students in ELC do not participate in the program activities, but can be supervised in crèche only if an older sibling is participating in a CCA.
- Students in Year 1 may do a maximum of **one** activity each semester.
- Students in Year 2 may do a maximum of **two** activities each semester.
- **Please note that all of our swimming CCA's, Morning CCA's and Friday afternoon CCA's do not count towards their maximum activity allocation.**

TIMING OF THE ACTIVITIES:

- Most activities run from Monday to Thursday after school between 3.20 pm and 4.20 pm.
- There may be a small number of activities that run outside of these times, which will mean there will be no school buses provided. Parents are therefore required to provide their own transport for these students. This includes all morning CCA's - (7.30 - 8.30am) and Friday afternoon CCA's.

PROGRAM DATES, SELECTION & ENROLMENT:

- Activities for Semester 1, 2019 will begin on **Monday 18 February- Week 5 of Term 1** & end on **Friday 21 June Term 2.**
- A list of all available activities for Semester 1 will be available on Engage from **Tuesday 22 January, 2019.** This allows families to peruse offerings prior to the online selection process.
- The online selection will be available from **7.00pm Sunday 27 January.** The online selection period will close at 7.00pm Friday 1st February, 2019.
- All enrolments must be made through the Engage Portal. No private arrangements are to be made between the external providers and the parents or students.
- All activities run for a semester.
- All efforts will be made to ensure that students get their first choice; however, some activities accommodate limited numbers. This will be determined by the automatic selection process on Engage with a "first come, first serve" process.

FEES & BILLING:

- A cost is charged for those activities where an outside coach/instructor has been contracted to run the program, the activity is off-site or there are costs for consumable items.
- The cost is charged per semester, unless stated otherwise, and is non-refundable. Students may have a 1 week trial time before electing to discontinue the CCA. Pro-rata fees may be applicable in some cases.
- If your child attends the activity for longer than one week, you will be charged the full semester amount. **Therefore it is imperative to formally withdraw your child from the activity if they are no longer attending.** To formally withdraw your child from a CCA, you must contact the relevant CCA coordinator in person or by email. See below for contact details.
- It is expected that payment of fees are settled no later than 2 weeks after invoices are sent out.
- Students with outstanding fees may be asked not to attend the related activity until full payment is made. Unpaid fees may also affect future enrolment in paid activities.

CRÈCHE & STUDENT EXPECTATIONS AFTER SCHOOL:

- There will be a Crèche offered Monday to Thursday for students in ELC to Year 1 who have older siblings participating in after school activities. If you would like your younger child to attend Crèche please indicate this on the online Engage selection form.
- Years 2 to 5 students who have siblings participating in after school activities may attend the Sibling Games Club.
- Students are unable to be supervised by staff on the school grounds after 3.20pm unless they are involved in an organised school activity. If they are not enrolled in a CCA they must not be on school grounds, and must go home.

FOR FURTHER INFORMATION & QUERIES:

- Please feel free to contact the CCA team any time regarding queries or concerns.
- CCA Coordinators can also support you in the selection and enrolment process.
- Please advise a CCA Coordinator if your child is going to be absent for 2 or more consecutive sessions.
- Up-to-date information regarding the program is communicated through the web page, daily bulletin, parent newsletter and parent E-news bulletin.

Co-Curricular Activities Coordinators

Kim Bradley

Middle School / Senior School
coord.cca@aism.edu.my

Ivan Yoong

Junior School
coord.js.cca@aism.edu.my

MONDAY

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Barracudas Swim Squad	<p>Barracudas Swim Squad provides high quality training opportunities delivered by expert coaches in a positive environment. Swimmers will be assessed and placed in the appropriate squad according to ability. Costs: Gold Squad: RM 700 - every morning, Silver Squad: RM 550- 3 -5 mornings: Bronze Squad RM 400 - 3 mornings. Gold squad starts at an earlier time than Silver and Bronze. Costings are per term.</p> <p>Please do not enroll in Barracudas on the engage system as this will be done manually once Coach Ivan selects the squads. He will then tell you what days you will be swimming.</p>	7.30- 8.30	<p>Gold Squad: RM 700</p> <p>Silver Squad: RM 550</p> <p>Bronze Squad RM 400</p>	Year 2-12	Swimmers
Cooperative Games	The aim of this club is to encourage students to work together in a team, while playing fun games and keeping fit. Activities will include developing gross and fine motor skills.	7.30- 8.30	Free	Years 1-5	Sports Clothes/ runners
Creche Monday	Students in ELC to Year 1 can go to Crèche only if they have older siblings participating in activities after school on the same day. Creche will be held on the Ground Floor Common Area in the Junior School.	3.20 - 4.20	Free	ELC-Year 1	
Pre Barracudas Monday and Wednesday	This swimming class is designed for students who can swim 25m in freestyle, breaststroke and backstroke. This class follows on from the learn to swim program and is designed to prepare students for either junior Bronze (afternoon) or Morning Barracudas.	3.20 - 4.20	RM 520	Year 1-12	Swimmers
Sibling Games Club	Only for children who have a sibling participating in a CCA on the same day. This activity will take place in the Common Area, Level One, Junior School.	3.20 - 4.20	Free	Year 2-5	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Netball	One of the highest participant sports in the world. This global sport is popular at AISM. Each session will involve learning skills, practicing drills and team strategies and then ending with playing games. There will be opportunities to play against other schools.	3.20 - 4.20	Free	Year 4-12	Sports Clothes / runners
Boxing Non-Contact	This activity is a non contact activity without sparring sessions. Boxing is a complete form of fitness program and a practical form of self-defence. Boxing classes will teach you the art of punching — it's about skill & technique not strength. There are three main moves to employ: jabs (straight forward punches), hooks ("side" punches) and upper-cuts (punches going upwards). Boxing is a high intensity, full body workout that will keep you moving and throwing punches, ducking and weaving or doing squats and abdominal work.	3.20 - 4.20	RM 455	Year 6-12	Students must bring their own hand wraps. These are compulsory and cost approximately RM30. These can also be purchased from the boxing coach.
Boys Soccer	Come along and hone your skills for football/soccer. Each week you will learn skills and drills to help make you a successful football player. You will also learn game strategies for when you play against other schools both in friendly and ISAC matches.	3.20 - 4.20	Free	Year 5-12	Sports Clothes, Soccer boots, shin pads, gk gloves
Ballet	Ballet dance is a classical dance form demanding grace and precision and employing formalised steps and gestures set in intricate, flowing patterns to create expression through movement. The poise and techniques acquired through ballet becomes the basic of most dance styles. This is a beginner and intermediate combined class.	3.20 - 4.20	RM 715	Year 1-9	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
World Scholars Cup	An academic competition that is designed to engage and enrich the skills, abilities and knowledge of even the brightest students. After school activity time will be training sessions aimed at preparing for the Regional and Global competitions. *Please do not select this activity for your child as students will be selected by the supervising teachers.	3.20 - 4.20	Free	Year 6-12	
Glee Club	Calling all actors and actresses. Become part of a musical singing and dancing group. We will learn short songs and routines to perform for your family and friends. Boys and Girls welcome! You will learn to act, sing and dance all while having fun with your friends.	3.20 - 4.20	Free	Year 1-5	
Concert Band	This activity is designed for budding musicians. To be eligible for this CCA, the music teacher will conduct assessments to assess ability.	3.20 - 4.20	Free	Year 5-8	
MSS Show Choir	This activity is designed for students who are wanting to participate in a school choir. This choir may have opportunities to sing for AISM against other schools.	3.20 - 4.20	Free	Year 6-12	
Art Club	We all know the benefits of doing art so come along and participate in fun and exciting art projects.	3.20 - 4.20	Free	Year 1-2	
JS Agama	This is a compulsory subject for all Malay students, and is also available to all other Muslim students. Students who have compulsory attendance to this class will be enrolled automatically.	3.20 - 4.20	Free	Year 1-5	
Computer coding	Learning to code is an important skill now we're living in a digital age. It's not just enough for children to know how to use technology. They should know how it works too. Learning to code doesn't just mean you can become a developer, it also strengthens problem solving skills and logical thinking and supports key academic subjects such as science, maths and technology.	3.20 - 4.20	Free	Year 3-5	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Cryptic Crosswords	People love to do puzzles of all kinds, but cryptic crosswords are often seen as a challenging form of entertainment. This delight may be rare to anyone new to cryptics! Cryptic crosswords require the solver to use his/her metacognitive system to constantly check whether a specific clue has produced the correct solution.	3.20 - 4.20	Free	Year 6-12	
Engineering for kids	Engineering for Kids brings science, technology, engineering & math to students in a fun & challenging way. The curriculum delivers a mix of artistic creativity, critical thinking, problem solving & scientific curiosity to help students succeed in the 21st century. All equipment, tools & materials will be provided & are included in the fees.	3.20 - 4.20	RM 481	Year 1-5	
Leadership Training	Come and learn the fine art of 'leadership', including deportment and grooming, understanding art, music, culture and the like.	3.20 - 4.20	Free	Year 6-12	
Art Club (Invite Only)	Come and learn from the best that AISM has to offer. Mrs Goonting will open this CCA up to budding talented and enthusiastic artists. Please wait for your tap on the shoulder before you are enrolled into this CCA	3.20 - 4.20	Free	Year 6-12	
Battlebots	It is a competition-format of program where kids learn to effectively design and program a BattleBot capable of performing well, using LEGO Mindstorm parts and its programming software that will withstand challenges from other bots. Students will work in groups and try to flip, or push their opponent's BattleBot in a given time. They gain critical and tactical thinking skills as they overcome various challenges and tasks using logic and rational planning game strategies. They also develop their ingenuity to find creative ways to solve problems throughout the program. Besides that, students will learn and use LEGO Digital Designer, a CAD software to print their designs too.	3.20 - 4.20	RM 624	Year 4-6	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
PADI Open Water Dive Course	<p>Costs include:</p> <ol style="list-style-type: none"> 1. PADI training 2. PADI manuals, handouts and exams 3. Scuba equipment rental basis 4. Instructor and certification fees 5. 3D2N island quad share accommodation, meals, return ferry & marine park fees 6. 4 dives on island <p>13-15 week program:</p> <p>Week 1 - Introduction to scuba diving & water skill assessment</p> <p>Week 2 - Classroom Chapter 1</p> <p>Week 3 - Confined Water 1</p> <p>Week 4 - Classroom Chapter 2</p> <p>Week 5 - Confined Water 2</p> <p>Week 6 - Classroom Chapter 3</p> <p>Week 7 - Confined Water 3</p> <p>Week 8 - Classroom Chapter 4</p> <p>Week 9 - Confined Water 4</p> <p>Week 10 - Classroom Chapter 5</p> <p>Week 11 - Confined Water 5</p> <p>Week 12 - Classroom Knowledge Reviews and Mini Quiz</p> <p>Week 13 - Mini dive</p> <p>Week 14 - Final Exams</p> <p>Week 15 - Dive trip to Tioman island</p>	3.20 - 4.20	RM 1690	Year 6-12	
Homework Club	<p>This session provides students with the opportunity to dedicate time for homework completion and catch up, under the supervision of teaching or administrative staff. This is for homework only and not for playing games on the ipad.</p>	3.20 - 4.20	Free	Year 6-8	

TUESDAY

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Barracudas Swim Squad	<p>Barracudas Swim Squad provides high quality training opportunities delivered by expert coaches in a positive environment. Swimmers will be assessed and placed in the appropriate squad according to ability. Costs: Gold Squad: RM 700 - every morning, Silver Squad: RM 550- 3 -5 mornings: Bronze Squad RM 400 - 3 mornings. Gold squad starts at an earlier time than Silver and Bronze. Costings are per term.</p> <p>Please do not enroll in Barracudas on the engage system as this will be done manually once Coach Ivan selects the squads. He will then tell you what days you will be swimming.</p>	7.30- 8.30	<p>Gold Squad: RM 700</p> <p>Silver Squad: RM 550</p> <p>Bronze Squad RM 400</p>	Year 2-12	Swimmers
JS Running Club	The aim of this activity is to provide students with an opportunity to learn correct running technique with a view to participation in ISAC Cross Country & Biathlon. Students will develop both aerobic and anaerobic fitness as they participate in different running activities.	7.30 - 8.30	Free	Year 1-5	Sports Clothes / runners
Young Voices	This CCA is designed to improve your vocals in a safe and fun environment.	12.30-1.30	Free	Year 3-5	
Foundation Learn to Swim Tuesday	This is a learn to swim and water familiarization program for Foundation students. There will be a ratio of 1 qualified swimming coach to a maximum of 5 students. In order to maximise safety and learning time, each child must have a water competent parent/guardian accompany them in the water at all times. Your child can only do 1 lesson a week of Foundation swimming. Please choose either Tuesday OR Thursday.	3.20 - 4.20	RM 520	Foundation	Swimmers

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Junior Bronze Swim Squad Tuesday and Thursday	This CCA is for swimmers with a level below Bronze ability in Barracudas squad. It's main function is to refine your technique in all 4 strokes, build up endurance and introduce basic competitive skills. Swimmers will be promoted to morning Barracudas Bronze Squad once they have completed their training. Swimmers will be assessed on qualifying times.	3.20 - 4.20	RM 600	Year 1-12	Swimmers
Creche Tuesday	Students in ELC to Year 1 can go to Crèche only if they have older siblings participating in activities after school on the same day. Creche will be held on the Ground Floor Common Area in the Junior School.	3.20 - 4.20	Free	ELC-Year 1	
Sibling Games	Only for children who have a sibling participating in a CCA on the same day. This activity will take place in the Common Area, Level One, Junior School.	3.20 - 4.20	Free	Year 2-5	
Jnr Netball	Learn skills, techniques & game strategies to play the game of netball. You will have the opportunity to be involved in invitational tournaments to further develop your skills.	3.20 - 4.20	Free	Year 1-3	Sports Clothes/ runners
Basketball	This is training for skills and basic game strategies for boys and girls. Have fun learning to dribble, pass, shoot and play games with your friends. Train & prepare for ISAC competition.	3.20 - 4.20	Free	Year 4-6	Sports Clothes/ runners
MSS Table Tennis	Come along and play table tennis. This activity is designed to suit all abilities in a fun learning environment.	3.20 - 4.20	Free	Year 6-12	Sports Clothes/ runners
Muay Thai	Developed over hundreds of years, the ancient martial art of Muay Thai is known for its tremendous power, maximum efficiency, and raw simplicity. Often referred to as the "Art of Eight Limbs", Muay Thai utilizes a beautiful symphony of kicks, punches, knees, and elbows with fluidity and grace. There will be no fighting in this CCA, you will learn the moves and techniques through various fitness activities.	3.20 - 4.20	RM 600	Year 1-12	Gum Shield and Pair of Hand-wraps

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Kanga Cricket	Possibly one of the greatest games in the world, the sport of cricket demonstrates so many different skills both physical and mental. Come and learn how to bat and bowl like Elyse Perry.	3.20 - 4.20	Free	Year 1-4	Sports Clothes/runners
Touch Football	Come along and play one of the most popular sports in Malaysia. You will learn the skills and rules and play against other schools. Each session is designed to teach you the skills, drills and team strategies to be a successful touch football player. Touch Football is represented in the ISAC competition.	3.20 - 4.20	Free	Year 3-12	Sports Clothes/runners/boots
Drama Club	Drama games, theatre sports and performance skills will be prominent in this CCA. Come along and have some fun while learning these important life skills.	3.20 - 4.20	Free	Year 6-9	
Death Star Daily News	Love Star Wars? This CCA lets students develop their literacy and ICT skills as they create a Star Wars themed website.	3.20 - 4.20	Free	Year 3-5	
Let's Draw	Let's Draw - Step by Step how to draw animals, people and plants in the style of a Japanese artist Sachiko Umoto.	3.20 - 4.20	Free	Year 2-5	
A-Tech Business & Entrepreneurship	Entrepreneurship helps kids think outside of the box and develop critical thinking and problem solving skills at a young age. Whether our kids grow up to be wildly successful businessmen or businesswomen or not, encouraging entrepreneurship and setting the stage for them to gain core business competencies will help them succeed in whatever they choose to do in the future.	3.20 - 4.20	RM 1200	Year 6-12	
MS Agama	This is a compulsory subject for all Malay students, and is also available to all other Muslim students. Students who have compulsory attendance to this class will be enrolled automatically.	3.20 - 4.20	Free	Year 6-8	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Guitar Ensemble	Learning the Guitar has never been easier with "Easy Guitar" method developed by Andy Ngew. Guided by Andy, he teaches student step by step using simple music notation. Along with the latest songs, students will be able to learn faster and easier. We aim to share the joy of playing the instruments by making it easier for the students to learn.	3.20 - 4.20	RM 525	Year 4-12	
Photography	This CCA activity will guide participants through the principles of portrait composition, styling, posing, and use of studio lighting. Students will learn how to take beautiful and iconic portraits, which they will then learn how to edit professionally using Lightroom and Photoshop (students will need their own software licenses for these). The end goal is for the students to take some studio portraits of their own and enter them into some professional photography competitions.	3.20 - 4.20	RM 525	Year 6-12	
ICT Champion	Are you a digital native? Do you want to upgrade your ICT knowledge and skills? Join the ICT Champions CCA if you'd like to be trained to use digital tools for learning such as the G Suite, Kahoot, Canva, Padlet and many more!	3.20 - 4.20	RM 525	Year 3-5	
Homework Club	This session provides students with the opportunity to dedicate time for homework completion and catch up, under the supervision of teaching or administrative staff. This is for homework only and not for playing games on the iPad.	3.20 - 4.20	Free	Year 6-8	

Wednesday

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Barracudas Swim Squad	<p>Barracudas Swim Squad provides high quality training opportunities delivered by expert coaches in a positive environment. Swimmers will be assessed and placed in the appropriate squad according to ability. Costs: Gold Squad: RM 700 - every morning, Silver Squad: RM 550- 3 -5 mornings: Bronze Squad RM 400 - 3 mornings. Gold squad starts at an earlier time than Silver and Bronze. Costings are per term.</p> <p>Please do not enroll in Barracudas on the engage system as this will be done manually once Coach Ivan selects the squads. He will then tell you what days you will be swimming.</p>	7.30- 8.30	<p>Gold Squad: RM 700</p> <p>Silver Squad: RM 550</p> <p>Bronze Squad RM 400</p>	Year 2-12	Swimmers
Maths Club	This club is designed for you to get extra maths support.	1.25 - 2.05	Free	Year 6-12	Swimmers
Pre Barracudas	This swimming class is designed for students can swim 25m in freestyle, breaststroke and backstroke. This class follows on from the learn to swim program and is designed to prepare students for either junior Bronze (afternoon) or Morning Barracudas.	3.20 - 4.20	RM 520	Year 1-12	Swimmers
Learn to Swim	This is for students who have little experience in the water and who are unable to swim laps without an aid. You will learn water familiarisation and then develop and learn the basic techniques for all 4 strokes. This will also include swimming for fitness as well. The next step for the swimmers is to enter the Pre-Barracuda squad.	3.20 - 4.20	RM 480	Year 1-12	Swimmers
Creche Tuesday	Students in ELC to Year 1 can go to Crèche only if they have older siblings participating in activities after school on the same day. Creche will be held on the Ground Floor Common Area in the Junior School.	3.20 - 4.20	Free	ELC-Year 1	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Sibling Games	Only for children who have a sibling participating in a CCA on the same day. This activity will take place in the Common Area, Level One, Junior School.	3.20 - 4.20	Free	Year 2-5	
Basketball Boys	Basketball is a very popular sport at AISM. In this CCA you will learn the skills, drills and rules necessary to be successful at basketball. There will opportunities to play against other schools both in friendly matches and also ISAC matches. Each team will learn strategies and team play.	3.20 - 4.20	Free	Year 7-12	Sports Clothes/ runners
Basketball Girls	Basketball is a very popular sport at AISM. In this CCA you will learn the skills, drills and rules necessary to be successful at basketball. There will opportunities to play against other schools both in friendly matches and also ISAC matches. Each team will learn strategies and team play.	3.20 - 4.20	Free	Year 7-12	Sports Clothes/ runners
Taekwondo	<p>The great art of Taekwondo is to train students to improve their:</p> <ul style="list-style-type: none"> Respect Discipline General Flexibility General Fitness Gross Motor Skills <p>Students can also purchase their DOBOK. (taekwondo uniform) if they do not already have one. [size 160cm and below @ RM 100 & size 160cm and above RM 120]. There is also a grading fee of RM110 if students take the grading test.</p>	3.20 - 4.20	RM 480	Year 1-12	Dobok(- Taekwondo uniform)
Girls Soccer	Students will learn and practise the skills needed to develop their game. Each session will involve developing skills and team strategies to use while representing AISM against other schools. Girls will have an opportunity to play friendly matches against other schools as well as play in ISAC matches. This is for GIRLS only	3.20 - 4.20	Free	Year 5-12	Sports Clothes, Soccer boots, shin pads, gk gloves

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Circuit Training - Girls	This activity is designed for girls to get fit in a fun and creative way. This is a friendly and safe environment. The training will range from circuit training to body weight strength training. The classes will develop both your aerobic and anaerobic fitness and the best part is that you'll be having so much fun you won't realise that you're getting fit at the same time.	3.20 - 4.20	Free	Year 6-12	Sports Clothes/runners
Mindfulness Matters	Mindfulness is the basic human ability to be fully present, aware of where we are and what we're doing, and not overly reactive or overwhelmed by what's going on around us. Come to this activity if you need a bit of mindfulness in your life.	3.20 - 4.20	Free	Year 6-12	
Combined Orchestra	This activity is for Year 4 and up students who play a String, Woodwind, Brass or Percussion instrument with a minimum standard of Grade 1-2 or the equivalent. An assessment of skill will be required. This Ensemble will learn a diverse repertoire and perform at school and community events. Ideally, this is a developmental programme and students are expected to remain in the ensemble for the entire year. The expectation is that students are able to play their instrument to a proficient level of at least grade 2 ABRSM level. This is a performance activity, not an instrumental tuition activity.	3.20 - 4.20	Free	Year 5-12	
F1 in school	F1 in Schools is an international STEM (science, technology, engineering, mathematics) competition for school children (aged 11–18), in which groups of 3–6 students have to design and manufacture a miniature car out of the official F1 Model Block using CAD/CAM design tools. Students in Year 8 participate already but it is open to any other students in MSS. Please watch the clip to learn more about F1 in schools.	3.20 - 4.20	RM 150	Year 6-11	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
History Club	<p>History Club is open to anyone that has a passion for history, this includes senior students that do not take Modern History.</p> <p>In the History Club CCA students will take part in history mysteries, take part in quizzes, examine sources and debate the past across a range of topics. Students will have an input on what we discuss and can share and build upon their historical knowledge and have fun at the same time!</p>	3.20 - 4.20	Free	Year 6-12	
Triathlon	<p>This activity is about preparing students to compete in triathlons. Selection in this activity will be assessed on ability. This is not a learn to swim program so you must have an ability to swim repeated laps without the help of an aid. Week A will be swimming and Week B will be the run and skills work for cycling.</p>	3.20 - 4.20	Free	Year 1-12	
Cartooning	<p>Someone who creates cartoons in the first sense is called a cartoonist, and in the second sense they are usually called an animator. The concept originated in the Middle Ages, and first described a preparatory drawing for a piece of art, such as a painting, fresco, tapestry, or stained glass window. Open to all abilities.</p>	3.20 - 4.20	Free	Year 4-8	
Mind and Magic	<p>Our magic courses includes soft skills building such as confidence building, problem solving, critical thinking, social skills, communication skills, leadership skills, discipline and stage presentation skills etc.</p> <p>Learning magic is educational and fun!</p>	3.20 - 4.20	RM 564	Year 3-9	
Minecraft	<p>Using digital technologies and augmented reality to introduce engineering, architecture and design disciplines. Become a Minecraft Master Builder and Hero.</p> <p>www.craftyminds.com.my</p>	3.20 - 4.20	RM 840	Year 2-7	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
KL Chess Academy	<p>KLChess Kids has been coaching students for the past 5 years at AISM and we are also running this academy on a vision to cultivate the interest of CHESS amongst our students. We are known for sharing all important tips of the game and producing talented players in the country.</p> <p>www.facebook.com/klc</p>	3.20 - 4.20	RM 420	Year 1-9	
Cheerleading	<p>WHY CHEERLEADING?. This activity is for boys and girls.</p> <ul style="list-style-type: none"> • Builds confidence • Promotes teamwork • Increases creativity • Improves time management • Builds discipline • Teaches commitment <p>Cheer Aspirations PLT- enquiry@cheeraspirations.com</p>	3.20 - 4.20	RM 420	Year 1-9	
Homework Club	<p>This session provides students with the opportunity to dedicate time for homework completion and catch up, under the supervision of teaching or administrative staff. This is for homework only and not for playing games on the ipad.</p>	3.20 - 4.20	Free	Year 6-8	

THURSDAY

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Barracudas Swim Squad	<p>Barracudas Swim Squad provides high quality training opportunities delivered by expert coaches in a positive environment. Swimmers will be assessed and placed in the appropriate squad according to ability. Costs: Gold Squad: RM 700 - every morning, Silver Squad: RM 550- 3 -5 mornings: Bronze Squad RM 400 - 3 mornings. Gold squad starts at an earlier time than Silver and Bronze. Costings are per term.</p> <p>Please do not enroll in Barracudas on the engage system as this will be done manually once Coach Ivan selects the squads. He will then tell you what days you will be swimming.</p>	7.30- 8.30	<p>Gold Squad: RM 700</p> <p>Silver Squad: RM 550</p> <p>Bronze Squad RM 400</p>	Year 2-12	Swimmers
MSS Running Club	The aim of this activity is to provide students with an opportunity to learn correct running technique with a view to participation in ISAC Cross Country & Biathlon. Students will develop both aerobic and anaerobic fitness as they participate in different running activities.	7.30 - 8.30	Free	Year 6-12	Sports Clothes / runners
Foundation Learn to Swim Thursday	This is a learn to swim and water familiarization program for Foundation students. There will be a ratio of 1 qualified swimming coach to a maximum of 5 students. In order to maximise safety and learning time, each child must have a water competent parent/guardian accompany them in the water at all times. Your child can only do 1 lesson a week of Foundation swimming. Please choose either Tuesday OR Thursday.	3.20 - 4.20	RM 640	Foundation	Swimmers

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Junior Bronze Swim Squad	This CCA is for swimmers with a level below Bronze ability in Barracudas squad. It's main function is to refine your technique in all 4 strokes, build up endurance and introduce basic competitive skills. Swimmers will be promoted to morning Barracudas Bronze Squad once they have completed their training. Swimmers will be assessed on qualifying times.	3.20 - 4.20	RM 600	Year 1-12	Swimmers
Creche Thursday	Students in ELC to Year 1 can go to Crèche only if they have older siblings participating in activities after school on the same day. Creche will be held on the Ground Floor Common Area in the Junior School.	3.20 - 4.20	Free	ELC-Year 1	
Sibling Games	Only for children who have a sibling participating in a CCA on the same day. This activity will take place in the Common Area, Level One, Junior School.	3.20 - 4.20	Free	Year 2-5	
Volleyball Girls	Volleyball is a popular game at AISM. Come learn and play against other schools in ISAC and friendly matches.	3.20 - 4.20	Free	Year 6-12	Sports Clothes/ runners
Volleyball Boys	Volleyball is a popular game at AISM. Come learn and play against other schools in ISAC and friendly matches.	3.20 - 4.20	Free	Year 6-12	Sports Clothes/ runners
Senior Production	This is the senior production in Semester 1. We are looking for people who can act, create sets and props, design costumes, run tech and manage backstage! If you have an interest in production whether it be on or off stage, sign up!. Who knows this could be the break you need!!!	3.20 - 4.20	Free	Year 9-12	
Junior Soccer	Come along and have some fun whilst learning skills and game sense awareness. You will learn the fundamental motor skills involved in soccer so you can participate successfully in soccer games.	3.20 - 4.20	Free	Year 1-4	Sports Clothes, Soccer boots, shin pads, gk gloves

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Karate	Karate is one type of traditional martial arts that's very popular all over the world. The translation of the word karate roughly means "empty hand," so this form of combat and defense emphasizes the use of arms and legs to strike and block an opponent, instead of using weapons. Company Name: RIVALA MARTIAL ARTS	3.20 - 4.20	RM 308	Year 1-12	As advised by the instructor.
Rock Band	Rock, Paper, Scissors?? Are you kidding- It's pure Rock!! Open to all abilities and to those of you who want to be in a rock band.	3.20 - 4.20	Free	Year 6-12	
International Awards	The award offers young people aged between 14 and 25 the opportunity to develop themselves across a broad spectrum of life skills, encouraging responsibility, organisation and teamwork within its parameters. Students can attend one of the regularly scheduled meetings to get more information about the Awards requirements. There is a cost involved due to camps and associated activities. COST: Bronze Participant Registration Fee: RM70 Silver Participants Registration Fee: RM100 Gold Participants Registration Fee: RM130	3.20 - 4.20	Free	Yr 8-11 (14yrs & above)	
Junior Table Tennis	Come along and play table tennis. This activity is designed to suit all abilities in a fun learning environment.	3.20 - 4.20	Free	Year 3-6	
Conversational English for parents	This activity is designed for EAL parents who have a desire to improve upon their English. You will meet once a week and converse with others and learn new conversational skills.	3.20 - 4.20	Free	Adults	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
KL Novel Knockout	This activity is suitable for students who enjoy reading and a challenge. The KL Novel Knockout involves teams of 4 students who read 6-8 set books. Students are introduced to the books for the 2019 challenge and then they will be involved in creating online quizzes through SOCRATIVE on the IPADS. Students do not have to compete in the competition in 2019 if they do not wish. Students must be committed readers as they have to read eight set texts and know them really well. They must also be willing to lose a few lunchtimes for practice sessions.	3.20 - 4.20	Free	Year 3-8	
CHIN Immersion Program	In this CCA you will have the opportunity to work with our Chin visitors to help improve their literacy and ICT skills. In this activity you will help plan a lesson one week and try out your "lesson" the next week. This is done in conjunction with the teacher in charge of the CCA. You will have the opportunity to demonstrate your leadership skills and improve upon them. There will be the chance to have cultural exchanges and get to know the Chin students better. If you like working with people and are a good communicator, this is the CCA for you. This CCA is eligible to count towards your Service Learning hours.	3.20 - 4.20	Free	Year 6-12	
Zentangle	Through the Zentangle Method of drawing, you can relax, focus and expand your imagination. Zentangle is an easy to learn method of creating beautiful images from repetitive patterns. It is a fascinating new art form that is fun and relaxing. It increases focus and creativity. Zentangle provides artistic satisfaction and an increased sense of personal well-being.	3.20 - 4.20	Free	Year 5-12	

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Mandarin Extension	This activity is offered to students who would like to sit for the HSK Chinese Proficiency Test. Students must know how to read basic Chinese characters and pinyin, and demonstrate a sound understanding in listening. Students will have the chance to improve their skills through such mediums as film watching and ICT programmes.	3.20 - 4.20	Free	Year 6-12	Sports Clothes / runners
Jewelry Making	Students will learn beading and weaving techniques to make simple necklaces and friendship bracelets. We will work on a different project each week.	3.20 - 4.20	Free	Year 3-5	Equipment will be provided.
Green Club	This club is for students who are passionate about making our school a greener and more sustainable place.	3.20 - 4.20	Free	Year 1-5	Equipment will be provided.
Art Thematic	<p>A creative stimulation program cultivates a positive learning attitude and interest in children's art. Students of all ages and abilities will get involved in learning art. Students will develop the necessary skills and techniques across a range of media. Learn in a team and have lots of fun.</p> <p>Find out more:</p> <ul style="list-style-type: none"> • artthematic@gmail.com • Faceook.com/art thematic program 	3.20 - 4.20	RM 630	Year 1-5	If you are enrolling in Art Thematic for the first time there is an extra fee of three hundred and sixty ringgit for materials. All other existing students will need to pay one hundred and eighty ringgit for new and updated materials.
Science Club	<p>SCIENCE is engaging, encouraging, and inspiring. Come along and do an experiment every week and learn new concepts through fun and engaging activities.</p> <p>There is always time to conduct science experiments, because science never sleeps!</p>	3.20 - 4.20	Free	Year 6-10	Equipment will be provided.

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
International Awards Junior (JASS)	Junior Award Scheme for Schools (JASS) is a progressive learning program, designed to prepare young people for the Duke of Edinburgh International Award. JASS develops the whole individual by offering recognition in four key areas – regular physical activity, exploring a personal interest, working for the good of the community or the environment, and completing an outdoor activity or challenge. Attainment of the various award levels will require involvement in a range of CCAs, individual projects and service to the community. Please note that while some of the activities can be accessed at school, there is an external commitment as well, that will require parent support. It is possible to complete multiple levels across the year.	3.20 - 4.20	RM 200	Year 3-6	
Computer Club	A student led club where we celebrate the world of technology, explore new skills in order to use and enjoy the computer in a day to day living environment, as well as encouraging socialising and exchanging information related to the computer and computer skills.	3.20 - 4.20	Free	Year 6-11	
Agama	This is a compulsory subject for all Malay students and is also available to all other Muslim students. Students who are eligible will be enrolled automatically.	3.20 - 4.20	Free	Year 9-12	
Homework Club	This session provides students with the opportunity to dedicate time for homework completion and catch up, under the supervision of teaching or administrative staff. This is for homework only and not for playing games on the ipad.	3.20 - 4.20	Free	Year 6-8	

FRIDAY

Title	Description	Time	Fee/cost per semester	Year Groups	Equipment Required
Barracudas Swim Squad	<p>Barracudas Swim Squad provides high quality training opportunities delivered by expert coaches in a positive environment. Swimmers will be assessed and placed in the appropriate squad according to ability. Costs: Gold Squad: RM 700 - every morning, Silver Squad: RM 550- 3 -5 mornings: Bronze Squad RM 400 - 3 mornings. Gold squad starts at an earlier time than Silver and Bronze. Costings are per term.</p> <p>Please do not enroll in Barracudas on the engage system as this will be done manually once Coach Ivan selects the squads. He will then tell you what days you will be swimming.</p>	7.30- 8.30	<p>Gold Squad: RM 700</p> <p>Silver Squad: RM 550</p> <p>Bronze Squad RM 400</p>	Year 2-12	Swimmers
AISA Multi Sport	<p>If you are U/16 and looking for that edge to participate in the AISA games held in Malaysia in November, then this CCA is for you. You will develop an understanding of all rules and skills of the games involved in the AISA games. Sports include touch football, basketball, soccer, and netball. You will also work on your strength, speed and aerobic fitness.</p>	7.30- 8.30	Free	Year 7-11	Sports Clothes/ runners
Badminton	<p>Come along and enjoy learning the wonderful game of badminton. You will develop skills and strategies and a better understanding of the rules. Each week you will practice your skills and play games.</p>	3.20- 4.20	RM 375	Year 1-12	Sports Clothes/ runners



AISM
AUSTRALIAN
INTERNATIONAL SCHOOL
MALAYSIA

Co-Curricular Activities Coordinators

Kim Bradley

Middle School / Senior School
coord.cca@aism.edu.my

Ivan Yoong

Junior School
coord.js.cca@aism.edu.my